

الجمعية السعودية لهشاشة العظام



CONFERENCE OF SAUDI OSTEOPOROSIS SOCIETY

Scientific Program



18th - 20th April 2025



College of Medicine, West Building
King Saud University

AMGEN



PROGRAM



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13 Hours



CME
ACCREDITED

www.saudiosteo.org



Day 1 Friday 18th April 2025

Time	Topic	Speaker
08:30 - 09:00	Registration	
Session 1 Osteoporosis: Current hot topics Moderators: Prof. Riad Sulimani / Prof. Nasser Aldaghri		
09:00 - 09:10	Opening Remarks	Prof. Riad Sulimani
09:10 - 10:00	Forty years research in Osteoporosis: Where do we stand?	Prof. Jean-Yves Reginster
10:00 - 10:30	FRAX and beyond	Dr. Mohammad Almohayya
10:30 - 11:00	Artificial intelligence in the Field of Osteoporosis	Prof. Mir Sadat Ali
11:00 - 11:10	Panel Discussion	
11:10 - 11:30	Opening Ceremony	Dr. Mohammad Alshaker
11:30 - 13:00 Lunch break & Friday Prayer		
Session 2 Nutrition and Exercise in Bone Health Moderators: Prof. Mona Fouda/ Dr. Raed Aldahsh		
13:00 - 13:40	Sarcopenia: From Definition to Treatment	Prof. Jean-Yves Reginster
13:40 - 14:10	Eating Disorders and Bone Health	Prof. Riad Sulimani
14:10 - 14:40	Role of Vitamin D in bone health	Prof. Yousef Alsaleh
14:40 - 15:10	Optimizing Bone Health after bariatric surgery	Dr. Hala Mosli
15:10 - 15:20	Panel Discussion	
15:20 - 15:40 Coffee Break		
Session 3 Osteoporosis Therapy Moderators: Dr. Aishah Ekhzaimy / Dr. Salwa Alaidarous		
15:40 - 16:10	Antiresorptive in the treatment of Osteoporosis	Dr. Fahad Alshahrani
16:10 - 16:40	Osteoanabolic agents in the treatment of Osteoporosis	Dr. Mohammad Alshaker
16:40 - 17:25	Long term treatment of Osteoporosis Clarified	Prof. Maria Luisa Brandi
17:25 - 17:35	Panel Discussion	

Day 2 Saturday 19th April 2025

Time	Topic	Speaker
08:30 - 09:00	Registration	
Session 4 Osteoporosis in Special groups Moderators: Dr. Mohammad Alshaker / Dr. Noura Qahtani		
09:00 - 09:45	Pregnancy and Lactation Associated Osteoporosis	Prof. Maria Luisa Brandi
09:45 - 10:30	Osteoporosis in Male: Recent Guidelines	Prof. Jean-Yves Reginster
10:30 - 11:00	New guidance on how to diagnosis and manage osteoporosis in chronic kidney disease	Dr. Salwa Alaidarous
11:00 - 11:10	Panel Discussion	
11:10 - 11:20	Coffee Break	
Session 5 Specific Medication Effects on bone health Moderators: Prof. Yousef Alsaleh / Dr. Kholoud Manea		
11:20 - 11:50	Effective Strategies for GIOP management	Dr. Hanan Alrayyes
11:50 - 12:20	Bone Fragility in Diabetes/GLP1 Therapy	Dr. Yaser Alhakami
12:20 - 12:50	Hormonal Use in Osteoporosis Management	Dr. Saadiya Malik
12:50 - 13:40	Lunch break & Prayer time	
Session 6 : Rare bone Diseases Moderators: Dr. Mohammad Almohayya / Dr. Afaf Alsugair		
13:40 - 14:25	Skeletal Dysplasia (hypophosphatasia and XLH)	Prof. Maria Luisa Brandi
14:25 - 14:55	Management of Osteogenesis Imperfecta	Dr. Fahad Aljeriba
14:55 - 15:05	Panel Discussion	
15:05 - 15:30	Coffee Break	
Session 7: Capture the Fracture Moderators: Dr. Fahad Alshahrani / Dr. Waleed Hashim		
15:30 - 16:00	Falls and fracture prevention in the FLS model	Prof. Mona Fouda
16:00 - 16:30	Fragility Fracture Registry : Time for Action	Dr. Hazem Khawashki
16:30 - 16:45	Panel Discussion	



Day 3 Sunday 20th April 2025

Time	Topic	Speaker
Moderator: Dr. Hanan Al-Rayes		
8:30 - 9:15	Principles of DXA interpretation	Dr. Basma Alwahabi
9:15 - 10:00	Challenging Cases of osteoporosis	Dr. Hussein Raef
10:00 - 10:45	Challenging Cases (Case based approach to osteoporosis)	Dr. Yousef Alalawi
10:45 - 11:45	Bone health assessment beyond DXA	Dr. Mohammed AlMohaya
11:45 - 12:00	Q&A	
12:00	Closing remarks	